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**Sources of Anxiety among Female students Enrolled in Locomotors
Rhythm Courses In the Faculty of Sport Sciences in Mutah University**

Sokina hamdan AbuSamhadanh

Zain alabedin'' Muh,d Bani Hani

Abstract

The aim of this study was to identify the sources of anxiety among female students enrolled in locomotors rhythm. The study sample consisted of (50) female physical education students represents faculty of sport sciences at Mutah University. Data were collected through the use of questionnaire developed by the investigators. The questionnaire in relation to sources of anxiety consisted of (55) items divided into six subscales. The Results of the study showed That the sources of anxiety for students in locomotors rhythm courses in were medium degree. The results of the study also showed no statistically significant differences, depending on the variables of the study (accommodation, accumulative average, academic year).In light of the results of the study, the study recommended to conduct an internal training courses for special gymnastics and locomotors rhythm to the students of the Faculty of Sport Sciences at the University of Mutah.

Keywords: Sources of Anxiety, locomotors Rhythm.

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(Labotene, 1996)

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(MukeshMitra, 2013)

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(Gittens,2012)

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(Duda & Gano, 1996) -

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	7	1.36	3.32	
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	4	0.95	3.38	
	8	1.15	3.15	
	9	1.13	2.66	
	5	1.37	3.35	
	6	1.35	3.34	
	3	1.26	3.46	
	-	0.63	3.19	

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(Smalensky, 1995)

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	7	1.24	2.63	
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	5	0.98	2.68	
	9	1.43	2.32	
	8	1.15	2.57	
	3	1.34	2.74	
	6	1.52	2.65	
	4	1.32	2.73	
	2	1.39	3.10	
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	5	1.08	2.60	-3
	7	1.37	2.43	-4
	9	1.10	2.00	-5
	3	1.13	2.85	-6
	8	1.32	2.15	-7
	6	1.30	2.58	-8
	4	1.34	2.73	-9
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	5	0.90	2.80	-3
	4	1.15	2.87	-4
	3	1.15	2.90	-5
	8	1.03	2.57	-6
	7	0.97	2.73	-7
	6	1.15	2.75	-8
	-	0.61	2.88	

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	9	1.24	2.51	
	7	1.01	2.70	
	4	1.197	2.95	
	5	1.462	2.90	
	2	1.38	3.15	
	3	1.25	3.02	
	6	1.24	2.70	
	1	1.22	3.39	
	-	0.80	2.85	

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"(Duda,Gano, 1996)

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	9	1.37	2.60	.
	6	1.17	2.97	.
	10	1.18	2.30	.
	5	1.21	3.10	.
	3	1.18	3.39	.
	1	1.12	3.62	.
	7	1.08	2.97	.
	8	1.17	2.85	.
	4	1.09	3.12	.
	2	1.11	3.43	.
	-	0.59	3.02	.

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" (Smalensky, 1995)

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($\alpha \leq 0.05$)

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.60967	2.8890		
.56467	2.8843		
.23142	3.2182	67.9	
.54582	2.9320	75.9 - 68	
.67381	2.7650	83.9 - 76	
.33344	2.8121	84	
.56467	2.8843		
.79804	2.8808		
.48766	2.8492		
.72795	2.9273		
.12856	3.3091		
.56467	2.8843		

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